



**Bethany Condon: 970-587-6349**

Hello! I am the counselor at Milliken Middle School and am here to support our students, parents, and staff in any way I can. More specifically, my purpose is to assist students with their personal and social, academic, and career developmental needs. I meet regularly with all teams at Milliken Middle School in order to stay attuned to the needs of our students. I am available to work both individually and in groups with students on topics such as study skills, bullying, academic success, emotional difficulties, and college preparation. The counseling office also offers a small library of materials on parenting, college preparation, divorce, bullying, and study skills.

**How do students make an appointment with the counselor?**

Most frequently, they just stop by! I am often available for walk-ins, upon the approval of the classroom teacher. Students may also make an appointment with me by filling out a counselor visit request form in the front office and I will make contact with them as soon as possible. Additionally, I receive counseling referrals from both teachers and parents.

**How can parents contact the counselor if they have a question or would like to schedule an appointment?**

Please feel free to contact me either via email or telephone if you ever have a question or concern. My email address is [bethanycondon@weldre5j.k12.co.us](mailto:bethanycondon@weldre5j.k12.co.us) and my direct line at school is 587-6349.

**How can parents learn of family, individual, or group counseling services offered in our area?**

If you are in need of counseling services for yourself, your child, or your family, feel free to contact me for referrals. From private practices to free and public services, there are many options in our area that can help you through the more difficult times.

**Also, please check out my blog at [www.mmscounseling.blogspot.com/](http://www.mmscounseling.blogspot.com/) for occasional postings about some of the hurdles our middle school students experience and how to help them through these years!**