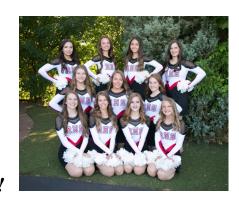
RHS Dance Team JR DANCE CAMP

Open to ALL Dancers 5 yrs - 8th grade

Bring us your dancers for a morning of FUN with the RHS Dance Team. They will learn dance technique, a Pom routine & PERFORM at a RHS Basketball Game!



Camp: Saturday, January 25, 2020 Performance: Friday, January 31, 2020

	Saturday, January 25th: 9:00am-1:00pm
8:30-9:00	Camp Check In (discount given for pre-registration)
9:00-9:30	Split into small groups divided by age and stretch/warm up
9:30-11:00	Learn proper pom, turn and leap technique, and learn basketball halftime routine
11:00-11:45	Lunch Break - Pizza Party! :)
	(If your dancer has dietary restrictions, please feel free to send lunch for them)
11:45-12:15	Review and practice basketball halftime routine in groups
12:15-12:45	DANCE PARTY!! (Break/Games)
12:45-1:00	Practice routine all together and close camp

Friday, January 31st: PERFORMANCE!!

Jr Dancers will perform during halftime of the RHS Boys Basketball Game
**Performance Attire: Black leggings or sweats, performance t-shirt, poms & tennis shoes.

(Additional performance information will be passed out at camp.)

Cost: \$45.00

(Camp is \$45 if dancer is pre-registered or \$50 at the door.)
Includes 4 hours of Instruction and Fun, Lunch, Performance T-Shirt, Poms &
1 Parent Entry Ticket into game.



Pre-Register: Email <u>danceteamrhs@gmail.com</u> to reserve your spot! Please include: dancer's name, date of birth, age, grade, parents' name, contact phone, email address and T-shirt size. OR Fill out the form below.



We can't wait to see you there!

Please call or email us with any questions! Coach Jenny (303-884-6903) / Coach Nicole (303-249-0077)

Deadline for Pre. Registration is January 23rd

Please complete this form and return it to the box in the lobby of Dance Dynamics or to the front office at the High School. Or email us your registration: danceteamrhs@gmail.com

AGE:	GRADE:	