

RHS Dance Team JR DANCE CAMP

Open to ALL Dancers 5 yrs - 8th grade

Bring us your dancers for a morning of FUN with the RHS Dance Team. They will learn dance technique, a Pom routine & PERFORM at a RHS Basketball Game!



Camp: Saturday, January 25, 2020

Performance: Friday, January 31, 2020

Saturday, January 25th: 9:00am-1:00pm

- 8:30-9:00 Camp Check In (discount given for pre-registration)
- 9:00-9:30 Split into small groups divided by age and stretch/warm up
- 9:30-11:00 Learn proper pom, turn and leap technique, and learn basketball halftime routine
- 11:00-11:45 Lunch Break - Pizza Party! :)
(If your dancer has dietary restrictions, please feel free to send lunch for them)
- 11:45-12:15 Review and practice basketball halftime routine in groups
- 12:15-12:45 DANCE PARTY!! (Break/Games)
- 12:45-1:00 Practice routine all together and close camp

Friday, January 31st: PERFORMANCE!!

Jr Dancers will perform during halftime of the RHS Boys Basketball Game

****Performance Attire: Black leggings or sweats, performance t-shirt, poms & tennis shoes.
(Additional performance information will be passed out at camp.)**

Cost: \$45.00

(Camp is \$45 if dancer is pre-registered or \$50 at the door.)

Includes 4 hours of Instruction and Fun, Lunch, Performance T-Shirt, Poms & 1 Parent Entry Ticket into game.



Pre-Register: Email danceteamrhs@gmail.com to reserve your spot! Please include: dancer's name, date of birth, age, grade, parents' name, contact phone, email address and T-shirt size. OR Fill out the form below.

We can't wait to see you there!

Please call or email us with any questions!

Coach Jenny (303-884-6903) / Coach Nicole (303-249-0077)



*****Deadline for Pre. Registration is January 23rd*****

Please complete this form and return it to the box in the lobby of Dance Dynamics or to the front office at the High School. Or email us your registration: danceteamrhs@gmail.com

DANCER'S NAME: _____

BIRTHDAY: _____ **AGE:** _____ **GRADE:** _____

PARENT'S NAME: _____

PHONE: _____

EMAIL: _____

T-SHIRT SIZE (Circle One): YS(6-8) YM(10-12) YL(14-16) AS AM AL