### March 2019 Newsletter

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# **ROUGHRIDERS** RHS Counseling News

#### **Upcoming College Visits**

Front Range Community College – March 5<sup>th</sup> @ 1:00pm University of Colorado – CO Springs – March 13<sup>th</sup> @ 10:30am University of Colorado Denver/Anschutz – March 14<sup>th</sup> @ 10:30am Adams State University – April 4<sup>th</sup> @ 10:30am CU Boulder – April 8<sup>th</sup> @ 11:00am Savannah College of Art & Design – April 16<sup>th</sup> @ 9:30am Fort Hays State University – May 1<sup>st</sup> @ 12:50pm If you would like to meet with a college admissions representative from any of the schools listed above, please click <u>HERE</u> to sign up.

#### **Rotary Youth Leadership Award**

#### Leadership Camp Scholarship

Your local JM Rotary Club is pleased to award a scholarship to two incoming seniors (current juniors) to attend RYLA camp. The camp will be held in June at YMCA of the Rockies in Estes Park.

In order to be considered for this opportunity, you will need to complete an application and essay. You can access the application at <u>www.rmryla.org</u>. Your essay should contain four components:

- 1. How do YOU characterize leadership?
- 2. Why is leadership so important to an organization or group?
- 3. What is one area of your school that needs student leadership?
- 4. How would you lead in the situation you described in #3?

**Deadline to have essay turned in to the counselor's office is April 3<sup>rd</sup>** If you have any questions, contact Paula Grzenia at <u>phgrzenia@gmail.com</u>

#### **Congratulations Riders!**

**Congratulations** to the **RHS Knowledge Bowl** team for their **FIRST PLACE** finish in the 4A Regional Competition. That victory has qualified them for the state meet this month. **Great work RIDERS!** 

**Congratulations** to **Nikolas Prochaska** for being a National Merit Scholarship finalist! All winners of \$2,500 Merit Scholarship awards are chosen from the finalist group based on their abilities, skills, and accomplishments—without regard to gender, race, ethnic origin, or religious preference.



#### **Bright Futures Grant**

The Bright Futures program was designed with one objective in mind– strengthening the vitality of the Weld County community through its workforce. The program is for qualifying Weld County residents who have graduated from high school, GED recipients and honorably discharged U.S. Veterans, after 2016. Qualified and accepted recipients receive financial assistance for pursuing post-secondary education or training from a Title IV accredited higher education institution or certified training program. For more information, go to <u>www.brightfuturesco.com</u>

"No matter how you feel... Get up, dress up, show up and NEVER GIVE UP!"

#### Scholarships – Scholarships - Scholarships

Each month we will attempt to feature a few specific scholarships for you to consider. If you would like to see a complete list of scholarships that we have compiled, please click <u>HERE</u>.

First FarmBank Scholarship - First FarmBank will be awarding 15 \$500 scholarships that students may use at the school of their choice. To be eligible, high school seniors must have a minimum cumulative GPA of 3.25 or higher, be graduating this spring and demonstrate involvement in school and/or community leadership activities. Complete selection criteria, eligibility requirements and award details are on the application. You can access the application through Naviance or go to www.firstfarmbank.com. Deadline to submit your application is March 29<sup>th</sup>.

Greeley Stampede Foundation Scholarship - Weld County High School seniors who meet general qualifications and are scheduled to graduate in the spring are encouraged to apply. Scholarship recipients will be selected based on their outstanding academic results, leadership in the community and plans to further their education. Recipients of the scholarship may use the scholarship at any accredited trade school, college or university. https://www.greeleystampede.org/p/get-involved/scholarships

The Ultimate List of Scholarships for Women and Girls – This is an awesome resource that we just discovered. It is categorized really well for students to find the best scholarships for their post-secondary goals. Click HERE to see which scholarships you should apply for.

	1	Petails
meter 1	DATE	April 11th & 12th
	TIME	3:30-5:30pm
		The Meeting Room Milliken Police Department 1201 Broad Street
	CONTACT	Silvia Martinez 970.660.5021
	NEED TO BRING	Water bottle Writing utensil
empowher	1	~
During this 2-day workshop we will focus on creating	1.00	
a positive mindset around physical activity and body image through yoga, fitness, hands-on activities and discussion.		10
		K-2 1
Caroline's goal is to empower you to learn the	All	
strength of your body and the power of your voice.	E.	
The workshop will highlight positive movement habits,	193	1 1 1 1 1
emphasize the importance of healthy eating,	128 17	
teach mindfulness techniques, and most of all,		10000
encourage self-love and gratitude.		
	0.000	
Workshop will be lead by RYT & certified personal trainer Caroline Chant		



rhs.counseling.dept

#### Not Ready for College Right After Graduation?

McLane Western would like to reach out to students who will be graduating this May and are looking to start a career right outside of high school? McLane has a variety of warehouse positions available to those students with a high school diploma that are over the age of 18. Forklift Operators, Loaders, and Selectors are just a few of the positions they have for graduated students, with starting wages anywhere from \$14/hour to \$18.30/hour.

Their hiring tends to ramp up right around May when students are trying to figure out what they are wanting to do after graduating if college is not an immediate option. Even if they are wanting to attend college down the road, McLane offers a tuition reimbursement program to teammates who have been with the company longer that 90 days and are in an approved area of study (i.e. business, management, or logistics to name a few).

For more information, contact Kylee Legino HR Specialist with McLane Western in Longmont, Colorado. (303)682-7576

#### **Young Leaders Summit**

The Young Leaders Summit, presented by the Youth Leadership Consortium (YLC), is a free, four-day, overnight, college empowerment conference at the University of Chicago for a DIVERSE COHORT OF 200 LOW-INCOME HIGH SCHOOL JUNIORS FROM ALL ETHNIC BACKGROUNDS, selected through a competitive application process. It is designed to give these young leaders the practical tools they need to successfully apply to top universities, have full access to scholarship and financial aid opportunities, and set a course for academic and career success.

The Youth Leadership Consortium is a partnership, led by HSF, of organizations brought together by the mission to provide students and families of <u>all backgrounds and ethnicities</u> with the knowledge and resources to successfully complete a higher education.

Visit the <u>Frequently Asked Questions (FAQs)</u> page, <u>our website</u>, or <u>Contact</u> <u>Us</u> for more information.

#### <u>No School – Spring Break</u>

There will be **NO SCHOOL** on Friday, **March 22, 2019** and no school **March 25<sup>th</sup> - March 29<sup>th</sup>** for Spring Break.

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."

#### **A-Team Saturday School Opportunities**

The Roosevelt High School A-TEAM members are available to assist students with homework, projects, study skills, time management skills, and organizational skills. The A-TEAM is available to all grade level students at RHS. They meet on Saturdays from 9:00am – 12:00pm. Saturday Opportunities:

- March 2<sup>nd</sup>
- April 27<sup>th</sup>
- May 18<sup>th</sup>

The A-TEAM tutors are also available three days a week (Tuesdays, Wednesdays & Thursdays) in the RHS library from 2:45pm – 3:45pm. If you have any questions about A-TEAM, please contact Mrs. Valencia at tvalencia@weldre5j.org or Ms. Nava at <u>Inava@weldre5j.org</u>.

## **Tie-Dye at the Library Friday, March 29th 12:00-4:00 p.m.**

Learn how to do real tie dye from an expert.

You must provide your own white t-shirt (washed, but with no fabric softener), all other materials will be provided.

Space is limited, so sign up soon at the library.

Please wear appropriate clothing as process is messy.

High School Age Students Only

Glenn A. Jones, MD Memorial Library 400 S. Parish Johnstown, CO 80534



Pool Managers Swim Lesson Instructors Pool Maintenance Technicians

Apply at splashpoolservices.com/employment